

Coaching Fit Assessment

Evaluate coaching ROI for your situation

Check YES for each statement that applies to you.

Section 1: Interview History (Yes/No)

- 1. I have failed at least one system design interview (or received a “not strong” signal).
- 2. After interviews, I’m not fully sure what went wrong (feedback is unclear or vague).
- 3. I notice I repeat the same mistakes across attempts (patterns show up again).

Section 2: Stakes & Timeline (Yes/No)

- 4. I’m targeting senior+ roles where standards are higher (L5/L6/Architect/Lead).
- 5. These interviews matter a lot (dream company / major compensation / career step).
- 6. My first interview is within 12 weeks (time pressure is real).

Section 3: Preparation Constraints (Yes/No)

- 7. My fundamentals are uneven (I have gaps in caching, data modeling, or queues).
- 8. I struggle to self-diagnose (I don’t reliably spot weak APIs/data/trade-offs).
- 9. I learn best with structure + accountability (deadlines, reviews, cadence).

Section 4: Scoring Guide

Total YES count (0–9): —

- 7–9 YES:** Strong coaching fit (high ROI, fastest correction).
- 4–6 YES:** Consider hybrid (self-study + targeted coaching sessions).
- 0–3 YES:** Self-study likely sufficient (use mocks only if needed).